

ā ĭ oo ů  
ě ē ä ö  
th au ů

# PHONICS

ee igh ou  
ng ar ie  
aw ck

Dear Parents and Teachers,

The aim of this workbook is to give your child a well grounded instruction to reading using the phonetic method.

English is a phonetic language - the majority of English words follow basic phonic rules. A child who has mastered these 48 rules can read most of what is in print for both children and adults.

This programme can also be used to combine the teaching of handwriting and spelling.

### **HOW TO BEGIN**

Before your child can begin with this programme teach them to recognise and say the sounds of the letters of the alphabet. (The names may be learnt, but it is the sound that is important.)

e.g. 'a' as in apple  
'm' as in mother

It is important that the sounds are taught correctly. The letter 'm' for example, should be 'mmm...' not 'mi' and the letter 'l' should be 'lll...' not 'li'.

The rule/s for each page are given at the top of each page. Where no rule is given it indicates continuation from the previous page.

Take one page a day, (or less), working through the pages in the order given. Teach the child the sound or sounds for the day. Hear every word on the page. Sound each letter out, then join the sounds together to form the word. e.g. r-a-n ran, dr-i-n-k drink.

At the top of each page, lines are given to write the date. The child writes every word. To begin with trace over the words, then when the child is ready, copy the words underneath in the lines given.

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Short vowel sound *ă* as in *ă*pple

cat mat rat fat sat hat bat

vat pat at

cab lab nab jab tab gab

an can fan tan ran man

ban van pan Jan

ham jam Sam am ram dam

cap lap nap tap map gap

sap rap yap

bag sag rag hag tag lag

wag gag nag

had pad sad mad bad lad

ax lax wax

Short vowel sound ě as in ěgg

net get pet set vet let bet

met jet wet

peg leg beg Meg keg

ten den men hen pen

red wed Ned bed led fed

hem web

Short vowel sound ĭ as in ĭgloo

in pin tin bin win kin

sin fin din

rip lip sip hip dip nip

dim him rim Tim Jim

sit fit bit hit lit kit it

wit pit

big dig jig gig wig pig

fix six mix

hid lid did kid rid bid

his is

bib jib rib fib

Short vowel sound *o* as in *octopus*

*nod pod sod rod God cod*

*not got lot hot pot cot*

*dot rot tot jot*

*bog log dog hog cog fog*

*fox box ox pox sox*

*sob rob job Bob cob mob*



Short vowel sound ŭ as in ŭmbrella

hum gum rum sum mum

hut but cut nut rut jut

bun run sun fun gun nun

bud cud mud sud

mug hug tug rug bug jug

dug pug lug

u.p pup cup sup

bus us pus

rub hub sub cub tub

Review of short vowel sounds

sat pan rag ham lab

jab tap fat jam bag as

wed peg set yes ten

rib kid his fit win dip

mop fog pot on sob

gum bud tug cup nut us

tin top six fed pat hut

not leg sit ran hop lap

tax win mop fan peg

ten cab pop mum pup

rut tip bud wag pox

job lip van cut fog let

Consonant blends: Initial blends at the beginning of a word e.g. br, cl, st, etc. to be said as one sound.

blot bled blob bliss bless

brim brat brag bred bran

clap clam clip clot club

crab cram crib crop crag

drop drum drip drag drab

flap flag flat flax flip fled

frog from fret Fran

glum glib glad glut grid

grip grab grin grit grub

plan plum plug plot plus

prod prim prop prep

scot scum scan scat scab

skin skip skim skid

slid sled slap slam slot

slim slop slum slip slat

step stop stem stag stun

stud stab stub

smog smug

snip snap snag snob

spud spun spat spin spot

swim swam swum swag

trap trim trip trot

twig twin



Review initial blends

bled brim clap drop

flip from glum grip plum

prim slip stop stem swim

spit trip scat skip smog

snap trot twig plot frog

scan slat glad flax crib

End blends at the end of a word e.g. mp, st, lk, etc.  
to be said as one sound

hump camp lump romp

lamp damp limp jump

fist list fast must lost

mist test nest west rest

cost rust just dust best

pest vest

dusk husk desk rusk risk

disk tusk

lisp wisp rasp

bent sent went hunt rent

mint tent rent dent lent

tint hint ant

and sand land lend band

bend mend pond bond

fond hand wind fund

bank tank wink honk

junk mink sank bunk ink

rank sunk

tuft loft left raft soft

gift lift rift

kept lept wept

elf self golf gulf

felt melt pelt tilt belt

help gulp kelp pulp

End blends. Review end blends.

*silk milk sulk bulk hulk*

*held weld*

*dump best hint belt ink*

*bond dust lisp must end*

*west mend hint kept*

*bulk helm bulb fact loft*

Review consonant blends.  
Initial blends and end blends in the same word.

blond brink clamp crust

drink flask frost gland

grand plump prank slump

stilt swift scalp trust

skant smelt flank crest

glint brand crept grunt

ck says "k"

tack hack sack pack

neck deck peck fleck

sick pick lick tick

flick trick wick stick

lock rock dock tock

duck luck muck buck



back black crack slack

speck prick click brick

frock clock stock flock

stuck pluck truck Puck

cluck smock snack track

crock slick stack fleck

sh says "sh"

shop shut ship shed

shot shun shin shock

shank shift shell shelf

shag shaft shall

hash slash flash clash

dash mash mesh flesh

plush slash crash rash

trash wish smash rush

crush flush lash sash

bash swish wish fish

flush lush hush dash

lash hash ash gush

ch says "ch"

chat chap chip chum

chug chop chest champ

chess chant chill chunk

much rich such

chipmunk chestnut channel

chapel sandwich

th says "th"

then them that this

thin think thump thud

thick theft thank

bath cloth moth smith

path sloth froth broth

with math method thicket

ng says "ng"

bang hang sang rang

wing sing thing sting

fling swing ding king

long song dong thong

rung sung stung flung

clang swung long swing

wh says "w"

qu says "kw"

when which whip whisp

whizz whiff whim

quick quack quit quiz

quid quest quell quill

quilt quip quaff quash

quench

Double consonant makes one sound e.g. ll as in bell

bill smell spill till will

mill cuff toss kiss miss

chess boss stuff swell

chill cross gruff loss

mass buzz mitt sniff

jazz fluff bliss huff



Double consonants. Syllables break between double consonants eg. r-a-b**b**-i-t = rabbit

rabb**b**it redd**b**en happ**b**en

kenn**b**el flann**b**el gall**b**on

muff**b**in mut**b**ton kitt**b**en

carrot hiccup barrel

pupp**b**et fossil lesson

hidd**b**en nugget ribbon

flannel blossom traffic

hammock connect blessed

comment attend blizzard

cannon herring shopping

command collect ragged

mammal funnel rubbish

Two syllable words

napkin sadness punish

locket actress contract

husband express plastic

chipmunk frantic pumpkin

kitchen mistrust problem

children absent pilgrim

Three consonant blends make one sound  
e.g. str, thr

strap strip string stress

strand struck strong strum

strung stretch strut strict

splash splint split splendid

spring sprint sprig sprat

sprang sprinkling sprung

scrum script scratch

scrim scrub scrap scrip

squid squish squint squad

squirrel squelch squib

shrug shrank shrub shrug

shrink shred shrimp

shrill shrunk shrivel

throb thrash thrill thrust

throng thrush thrift thresh

drench punch lunch inch

finch trench munch hunch

French bench crunch

## Compound words

sunset blacksmith catfish

eggnog codfish buckskin

tomcat bandstand dishpan

handbag lipstick quicksand

himself snapshot nutshell

singsong padlock jackpot

shellfish chestnut eggplant

sandpit bobsled handcuff

fishpond bathtub handspring

itself hopscotch backstop

gumdrop skullcap pickup

hilltop matchbox shotgun



Suffixes: ed says "ed"

sanded mended landed

tended bonded grunted

hunted rested drifted

frosted glinted dented

jolted panted hinted

shifted lasted blasted

ed says "d"

camped thanked missed

boxed milked fished

clicked jumped flicked

dished fussed banked

stamped helped mopped

lunched backed thanked

Review ed says "ed" and ed says "d"

jumped landed banked

bunched rested blessed

flushed mended hunted

brushed munched shifted

panted helped belted

flipped stacked branded

es says "es"

bunches messes dishes

flushes ashes crashes

kisses slashes flashes

hisses dresses fixes

smashes munches mosses

tosses presses pitches

le says "le"

twiddle rumble mumble

middle kettle peddle

throttle wobble scribble

sniffle trample possible

dribble baffle jangle

sizzle tremble sprinkle

bottle muddle dazzle

cattle handle battle little

saddle shingle freckle

bubble grumble humble

jingle paddle rattle nozzle

rectangle sensible constable

Words ending in y - long ē sound

*glossy witty wintry holly*

*shaggy twenty snappy*

*plenty sixty yummy*

*candy body dusty rugby*

*floppy chubby melody*

*vanity lofty sticky empty*

clumsy happy jelly dizzy

frosty chubby seventy

kitty chilly fifty copy

flimsy filthy poppy envy

pity pansy windy cherry

balcony remedy lengthy



Review

which quick shock thing

boss attend connect jazz

rocket song single dizzy

whisp blush splendid

crush thrift bathtub

shrunk rubbish sprinkling

sprat apple munches

squid happy blacksmith

twenty tramp squirrel

humble rugby fixes copy

constable himself frosty

scribble pitches seventy

Two vowel rule: When there are two vowels in a word, the first vowel says its long sound the second vowel is silent.

cake make lake rake

bake take wake sake

fake stake shake flake

made spade jade wade

fade trade bade shade

scale male whale pale

sāme game tame fame

lame name game frame

gate late Kate mate hate

rate date state ate

wave gave stave shave

grave rave brave slave

bike like hike strike

hive five drive strive

ripe wipe stripe pipe

dime crime lime time

mine spine fine swine

mile while pile tile file

slope cope hope mope

nose rose chose hose

close pose those dose

mode code rode scope

zone cone stone tone

wove grove stove wove

*mute lute flute brute*

*fluke duke luke nuke*

*tube lube cube fuse use*

*tune June muse mule*

Two vowel rule continued

sail hail pail tail fail

pain stain rain train vain

bait gait wait Spain

quail paint sprain trail

nail slain wail claim

braid laid paid faint



bēat heat meat bleat

cheat pleat neat eat

seam cream dream gleam

bleak freak streak weak

bean mean feast beast

peach reach bleach each

feed reed need steed

beet feet greet fleet

heed feed weed breed

green spleen queen seen

beef reef sleep sweep

mEEK cheek week seek

*bōat goat float moat*

*throat coat stoat oat*

*croak cloak toast boast*

*roast coast woe hoe*

*Joe foe doe toe sloe*

*foam loam roam load*

*gōēs groan moan loan*

*poach road hoax coach*

*cue due hue rescue*

*value continue*

*tied lie fried cried*

*spied tried cries fries*

## Review

crane tape craze safe

pike Nile scribe side life

vote pope bone poke

use flute cube tune

tail pleat seen coat toe

cue tied ate eat loan

lakeside gatepost milestone

bikestand lately homemade

limestone caketin sunshine

roadside mainland tubeless

headband bumblebee seaside

greenstone tuneless gravestone

ay says "long ā sound"

day tray say bay pay

may way lay slay gay

play clay ray bray

jay pray sway stzray

fray spray Kay Fay

stay

"oo" as in soon

moon soon noon spoon

loop hoop stoop troop

droop scoop hoof roof

root boot toot hoot

loom bloom broom room

tooth booth loose moose



"oo" as in look

good hood wood stood

book look took nook

cook chook rook crook

brook shook hook wood

foot soot good stood

shook foot hood brook

"ar" as in car

far car bar jar tar

lark hark mark bark

shark spark Mark dark

park smart start tart

sharp parch march starch

carve harsh scarf charm

## Review

tray slay spray pray may

boom boost too droop moo

good wood shook look

car star dart ark farm

bray alarm brook soon

tooth darn clay moon art

"er", "ir", and "ur" as in her, bird, fur.

her fern stern clerk jerk

perch herd term verse

differ sister antler better

faster gather helper shiver

quicker whisker manner proper

hunger slumber butler clever

sender butter under never

Switzerland blubber flicker

tender ladder winter person

summer barometer tumbler

timber runner under sender

fiddler hammer gather

*sir fir stir firm skirt*

*dirt chirp third bird*

*thirst first birth whirl*

*twirl swirl shirk birch*

*squirm*

fur spur purr burr hurl

turn burn churn hurt

hurl curl surf curb

church burst purse nurse

## Review

sir girl shirt swirl thirst

term fern serve stern her

spurt curl purse turn

first hurt nerve fir her

swerve matter burst fur

skirt curb firm church



Long vowel sounds. First vowel says its long sound.

bāby lady navy lazy

fable table cable stable

taper waver wafer paper

mason bacon raven haven

hazel label crater laser

basin ladle cradle gravy

be he we she me

fever metre Peter deny

secret legal Tegal evil

prefix remix remember

frequent neon being

reply female

hi I item iris idle

idol island tidy tiny title

miser wiser spider viper

riper tiger rider driver

bison lion silent pilot

minus trifle rifle bridle

go no so open over

only oval opal noble

local locate focus poem

clover Dover Rover poker

locust robust colon hotel

moment gopher photo

fury puny duty ruby

humus cubic tunic tulip

stupid cupid Rupert duet

duel fuel pupil student

cucumber during lupin

purser mucus duplex

Review

staple belong progress

patent total define basal

migraine prevent bugle

basis bony human Logos

futile music defect diner

stony reflex liner lady

"or" as in short

for or fort port snort

short sport sort morn

torn born worn horn corn

sworn scorn thorn torch

cork fork pork form storm

cord Lord north porch

"ou" and "ow" as in cow and spout.

how cow now down town

gown drown crown clown

frown brown owl growl

fowl howl towel

foul out spout stout bout

snout round hound pound



*found ground bound*

*wound around pound*

*proud loud couch slouch*

*grouch sour flour our*

*mouse house out*

"ow" as in grow.

low mow bow crow stow

grow flow row blow sow

glow throw show follow

bellow gallow mellow yellow

pillow fellow below bestow

shown thrown flown

"oi" and "oy" as in soil and boy.

boy toy coy joy Roy

Troy coin loin join

oil boil toil foil broil

spoil soil coil hoist moist

joint noise boiler

## Review

flown slow follow torn

shown crow throw gallow

down frown couch round

owl mouse down house

born joy toy destroy

oil corn boy join spoil

"al" as in tall.

hall call fall wall stall

all mall ball small thrall

talk walk balk chalk stalk

bald baseball sidewalk also

cornstalk rainfall overalls

always called tallest

"aw" and "au" as in saw and August.

jaw saw law thaw straw

caw raw draw paw flaw

lawn drawn pawn fawn

prawn dawn crawl bawl

scrawl sprawl shawl awe

hawk squawk dawdle tawny

haul Paul haunt taunt

launch pause cause

because applaud fraud

August author auto autumn

automatic laundry gauze

cause haul staunch Paul

## Review

tall call small fall stall

walk all stalk chalk talk

law crawl flaw drawn saw

Paul pause because bawl

shawl tawny ball also

strawberry thaw always



igh says "t" as in light

might fight tight light

bright sight night delight

right slight blight fright

flight plight bright light

alright alight tonight

"augh" and "ough" as in caught and bought

taught caught haughty

daughter naughty naught

bought sought fought

thought nought brought

"ew" as in new

pew new chew crew hew

blew flew dew mew grew

Jew brew stew screw

slew strew threw new

hewn strewn

Review

bright sight flight right

bought thought taught

new threw Jew hewn

flew haughty nought light

plight fought thought

brought sight daughter

Silent letters: b, g, h

bomb crumb dumb numb

thumb jamb lamb limb

debt subtle plumber

gnat gnash gnome

honest rhyme rhythm aghast

ghastly shepherd rhinoceros

Silent letters: k, t

knee knot knob knit knock

knack knead knick-knack

knife kneel knuckle knave

bristle whistle bustle castle

jostle nestle thistle rustle

often fasten hasten glisten

Silent letters: t, l, w

often listen soften

calf half

wrap wrong wrist wring

wreck wry wren wrong wrath

wrench wriggle wrinkle wrote

written wretched wreath wrestle

## Review

knot crumb castle gnat

wrist calf honest knee

plumber thistle wrinkle

gnash rhyme knit lamb

often wrong thumb knob



Prefixes: rē

remix repay rename relay

reload remake rethink reheat

renumber relocate recover

replay repaint return repaper

rematch reseal reline rebound

regain rethrow restate reply

Prefixes: a

alone alike across along

away ajar astray arise

alive again akin around

alight afloat arose amount

abound aright aground

anew aglow abide

Prefixes: ün

unlike unzip unreal unwise

undid unhappy unbaked undid

unplug unclean unexpected

unscrew unpack uneaten unclip

unpin unopened unfed unpack

uncommon unsure unashamed

Prefixes: bē

beside behind below bestow

became become begotten

behave befall behold beset

bewilder betray betide

betake belong bemuse behead

befriend begone bedraggled

Soft c. c says "s" when followed by e, i, or y

cent cellar cease city

cycle celery cemetery cyclist

cancel concert concentrate

chance glance prance lance

advance France nuisance

except exercise difference

ice lice mice nice rice

spice slice price twice

dice face pace lace trace

grocer since prince mince

practice innocent Greece

excellent entrance disgrace

Soft g. g says "j" when followed by e, i, or y

age cage page rage sage

germ general gypsy ginger

geometry genuine gigantic

gelatin grange range orange

fringe lunge change hinge

strange arrange challenge

fudge ledge pledge wedge

judge lodge bridge badge

dodge edge smudge trudge

hedge merge danger energy

strategy energy stingy digest

negligent budget cabbage verge